

# ANTHROPOGENESIS

Translation of Original Text of Santiago Bovio

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## SYTHESIS OF THE FIRST FOUR ROOT RACES

### *First Teaching*

There are seven Root Races in the Terrestrial Round.

The monads were able to perfect the astral body during the Lunar Round, but they needed a physical body in order to achieve a perfect material experience.

During the first two Root Races, these beings continually tried to mold a habitable body, but time and again they failed.

They were only able to form a true human body in the second half of the Third Root Race. In the Fourth Root Race, the souls of the beings who made this experiment entered into their true human bodies.

The first Root Race was the Uranian Race.

The astral body of these beings was covered with a thin ethereal-physical aura in an attempt to bring the first tentative humans to life. No more than huge gelatinous monsters, these prototypes perished before a real connection with the souls could be made.

The subraces of this Root Race are unknown and therefore will not be listed.

Present day Antarctica was the continent of the Uranian Race. It flourished up until 18,000,000 years ago.

The Second Root Race was the Hyperborean Race.

This race successfully brought their astral bodies closer to the human forms they were molding. These forms were immense monsters that could not stand upright and resembled a wheel.

This Root Race had seven stages:

- In the first, the human form looked like a fish-snake.
- In the second, it began forming the brain.
- In the third, it tried to form the dorsal spine.
- In the fourth, it had the form of a human-monster.
- In the fifth, it was a perfect hermaphrodite.
- In the sixth, the monsters tried to stand upright, but failed in their endeavor.
- In the seventh, they were able to stand upright.

This Root Race flourished in present-day Greenland 11,000,000 years ago.

The Third Root Race was the Lemurian Race:

- The first subrace, called Za: the creatures were very similar to the Hyperborean.

- The second, called Za-Ha: they were closely guided by their directive entities, and formed the cerebral-spinal system.
- The third, called Za-Mi: marks the true transition from the animal to the human kingdom.
- The fourth, called Za-Mo: they began to walk.
- The fifth, called Za-Moo: they could be called beings with minds.
- The sixth, called Mo-Za-Moo: they established a closer connection between the astral and the physical body, with the exception of those who lagged behind or degenerated in their development.
- The seventh subrace, called Moo-Za-Moo: they were now masters of the mind, and had a developed nervous system and perfect blood circulation.

The Lemurian continent extended over the area of the present-day Pacific Ocean. This Root Race lived 5,000,000 years ago.

The fourth Root Race was the Atlantean Race. It flourished 2,500,000 years ago.

- The first subrace, called Rmoahall, developed the instinctive mind, the bladder and the genital organs.
- The second, the Tlavatli, developed the memory.
- The third, the Toltec, developed the rational mind.
- The fourth, the Turanian, perfected the physical body through exercise and war.
- The fifth subrace, the Semitic, was the most physically perfect of the Atlantean subraces. The fifth Root Race sprang from it.
- In the sixth root race, the Akadian, the astral body was perfectly united with the physical body.
- In the seventh, the Mongolian, the degeneration of the Atlanteans began. They gradually lost their psychic and astral powers so that the being could become purely human.

## THE URANIAN RACE

### *Second Teaching*

The Lunar Round had fulfilled its mission and provided the monads with perfect astral bodies. But the last and most important step still had to be taken: the beings had to descend in order to know the dense and material world. To do this, they needed physical bodies.

Consequently, the monads directed their whole potentiality towards the young Earth. It had been spinning, changeless, for thousands of years, like a fiery globe with its axis exactly perpendicular to its ecliptic. They pinned all their hopes on Earth.

They patiently waited for the time when beneficent Uranus would harden the Earth's crust, thereby offering the first Root Race a continent. This immense continent was located on one of the present-day poles. It was surrounded by a red ocean of fire and vapor. The darkness of the atmosphere was illuminated by the powerful reddish reflections of electrical discharges.

There was actually no real light then, because clouds of vapors and gases completely enveloped the Earth. The planet was illuminated by its internal light and by discharges of the cosmic ether. These discharges formed into huge moving self-illuminated globes which produced explosions and terrifying blasts when they collided.

A sudden terror seized the first Root Race, the Uranian.

Huge monsters swarmed in the lava of those seas, an offering of elemental, mindless Nature to the new wave of life. Most of the monads refused to inhabit these monstrous bodies, which perished because support—both vital and mental—was lacking. But the Uranians were already bound to the Earth, and despite not being united with the monstrous bodies, they were tied to them.

The power of the monads' astral bodies, combined with the monsters' elemental nature, led to the gradual formation of the ethereal body. These ethereal bodies were so subtle in nature that they only appeared as immense shadows cast upon the Earth.

The stages of these early races succeeded each other for seven rounds of life. These were lives of light, lives of Divine Beings, tied to the Earth only by a reflection and a shadow. But in the end, the "egg-skins" of the Uranians gradually strengthened physically. This process was supported by the powerful electric currents that shook the planet and gradually cooled it, as well as by fermentation of the warm ocean waters, and the transfer of powerful gases from the marine lava into the atmosphere. And thus, the shadows gave life to other shadows by splitting exactly into two parts. This division did not take place until the last three rounds of life.

Although these ethereal shadows did not have senses in the true meaning of the word, they

nevertheless had a perceptive impressionability in the last Uranian subraces that could substitute for today's ear.

Eons passed. The Earth was gradually cooling, but at the expense of tremendous earthquakes that displaced the planet's axis and triggered an ice age.

As this glacial period gradually enveloped the planet, the vapors surrounding the Earth dissipated and the northern lights appeared. This led to the continent being called "the land where the sun never sets." This light would enable the growth of the most superb vegetation ever known. But in the end, the ice covered everything with a white shroud and transformed the eternal spring into endless winter. And so, the first continent was destroyed by ice, or rather, buried beneath it like a relic.

All religions would remember that first Root Race as the possessor of the Earth's Paradise, the lost Eden. They would recall its lush vegetation, its fantastic scenery illuminated by all the colors of the Great Element. Its light—fruit of the earth's energies—rivalled the Sun's, which was hidden by the curtain of darkness which surrounded the terrestrial aura.

The Hindus would sing their most beautiful hymns to this first continent, calling it "the land of the polar star," the divine Svetadvipa, abode of the Chhaya.

A wave of heat and death spread over the entire planet. Nature failed to offer a body to its Divine Dwellers. Everything seemed to be lost, but in the evolution of the Cosmos, death is life and defeat is victory.

At this point, the Earth once again regulated its movements. Its centrifugal heat overcame the coldness of its crust, and its surface thawed once more. Red oceans took shape and gaseous waterspouts roved upon them.

The blueish green light of Vayu shone everywhere and a new continent emerged, a true human continent: the home of the first flesh and spirit beings.

## THE HYPERBOREAN RACE

### *Third Teaching*

Aeolus, the god of the wind, blew swiftly from one end of the terrestrial atmosphere to another, cleansing it of all its impurities. The Sun, whose luminosity was clearer than today, shone constantly.

But thanks to that wind and those incessant air currents, the Earth gradually dried out; the vegetation took on a normal color, and the new Hyperborean continent could truly be called “the land where the Sun never sets.”

This sacred land, called “Plakcha” by the Aryans, was situated completely in the North. Greenland, Northeast Asia and Spitsbergen are remnants of the dwelling place of the Second Root Race.

The monads desired to inhabit a physical body. Having previously failed with the Uranian monstrosities, they cast them aside and tried again. With the collaboration of Vayu, the element of air, they gathered a vast number of physical atoms around their etheric bodies. They hoped to enter this mass as soon as it took form.

However, the desire for experience was not accompanied by the idea of renouncing their etheric gifts. They wanted a physical life without losing their spiritual attributes.

All this led to “Nature”—in its truest sense—not being enlivened by the monad’s spirit. That is why they once again failed in forming a true human being.

We need the fantasy of a Jules Verne or the clairvoyance of the prophet Ezequiel to be able to describe these fantastic human-monsters. They were immense, doubled-over, human-like moles, with wings to help them move around. The spirit was not in them, but rather at their side.

We read in Ezequiel, Chapter I, v. 20: “Wherever the spirit wanted to go, they went, and the wheels rose along with them, for the spirit of the living creatures was in the wheels.”<sup>1</sup>

They procreated by sprouting. In other words, they left behind vital residues—immense drops of sweat—which they produced during their fantastic roving. These drops of sweat were the vital sperm of their whole being. When incubated by the Sun, these vast amounts of sweat, which had crystallized and gathered into mounds, gave birth to other similar beings.

These asexual beings—true children of Jupiter—had no other senses than a vibratory sensation corresponding to the ear, and touch, produced by velocity.

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<sup>1</sup> English Standard Version Bible

Towards the middle of this Root Race, when it was at its peak, the Earth achieved an indescribable beauty.

Imagine a light green sky, flooded by the Sun's rays which reflected upon a virgin earth. The vegetation was orange due to its exuberance and vitality, and the seas' waters were completely emerald.

However, this did not last long. The immense deposits of gas, increasing and accumulating beneath the Earth's crust, began to burst forth. The single continent was divided into two islands, and the ocean into two great seas: Pasha and Pahcshala.

By this time, the Human Wheels had transformed from asexual beings into hermaphrodites. They no longer laid drops of sweat, but a true egg.

The spirits of future humans were hovering over the empty heads of these monsters, but soon they would penetrate the jail of the flesh.

They made their first attempts to bend and straighten themselves. Kundalini, the goddess of vital energy, had extended her network and was ready to scale Mount Meru. That is to say, an image of a dorsal spine and a human skeleton had been traced upon the body of these monsters. They only needed to await a beneficial heavenly rain in order to condense and solidify it.

However, the wind blew with more devastation than ever before. The air currents swept across the continent of the gods. The subterranean gases relentlessly split the Earth apart until the air finally caused the Hyperborean continent to disappear beneath the waters.



## THE STAGES OF THE HYPERBOREAN RACE

### *Fourth Teaching*

The anthropological development of the Hyperborean Race, and the precise division into its subraces, is unknown. But it is possible to distinguish a series of evolutionary states that could be called "stages."

During the first stage, the large Fish-Snake appeared on the Green Continent. It is very difficult to determine the size of this monster which aspired to being human. However, ancient texts describe it as being enormous and beautiful. Although its body was gelatinous and transparent, the light which was reflected through it produced a wide variety of colors.

Its only sense was insight. However, it was sensitive to atmospheric states. When the air currents were unbearable, it lived in the dense ocean waters of that period. When the terrible hurricanes were less violent, it dragged itself onto the semi-soft mainland of the continent.

But in the second stage of the evolution of this Race, the monsters were guided by their spirits, and rarely inhabited the water. They now began the great work of forming the human brain. Their heads opened like immense curtains uncovering the protoplasm of the future brain.

In the periods when the sun was strongest, they climbed the bluffs and deposited the sperm-sweat of their bodies, leaving it there to be fertilized by the Sun's rays.

These monsters did not die, but regenerated and transformed themselves.

Since they needed to develop the sense of touch, fish-like fins formed on their bodies. These would later become the future human extremities. In order to develop this new sense, their only task was to travel over large areas and then retrace their routes.

They did not sleep in the water but in large caves. However, this lasted only for a few hours, since the light was almost constant on the Hyperborean Continent.

In the third stage, the monads began to delineate the spine on those bodies, and to form the internal channels, or blood vessels, which would be used to circulate air currents and condense the gelatinous matter.

They steadily acquired a sense of speed and formed a human-like head around the hole where the brain protoplasm, like a treasure, was held.

The human-monster finally appeared in the fourth stage.

Through their repeated efforts to bend over, they were able to form into a wheel. Their fins gradually became oars which allowed them to move at greater speeds.

In addition, a true womb had formed at one end of their bodies. They could now deposit their

drops of sweat there on their own.

In the fifth stage, the perfect hermaphrodite appeared.

The two ends of their bodies could touch, and the friction produced desire and satisfaction. A tiny suitable organ formed—a nub for the womb. They could now lay eggs from which, with the sun's warmth, the Race's human-monsters emerged.

In the sixth stage, after the great earthquake that split the Continent, these humans tried to stand upright but failed in their attempt. It was a struggle to the death, in which many thousands lost their lives. In their desire to climb Mount Meru, they tried to stand, broke apart and died.

In those days, the monads cried over their bodies and, according to an ancient text, they implored heaven to give them suitable abodes, so they would not fail in their attempts at perfection.

In the seventh stage, they finally succeeded.

The prototype of the future race has already been defined. Although the brain was still open, there were already two pits in the face that prepared the place for the eyes. Moreover, the spine, with all its nerve branches, became ever more clearly defined.

By resting on the trunks of huge trees, the wheels could now remain standing. They no longer had fins but large stumps which worked as arms and legs.

It was the eve of the disappearance of the Hyperborean Continent. Terrible explosions were shaking the Earth. These opened deep crevices in the ground, as well as in the faces of the new Hyperborean humans.

An electrical perception of the atmosphere replaced their ethereal perception, and the site of future ears formed in the two great furrows that had been carved into these human faces.

Since this Race had reached its peak, it had nothing more to offer. The monads glimpsed that their mission was coming to an end and that they would soon be able to inhabit their new abodes.

Once the Temple was built, the Spirit of the Lord descended upon it. Indeed, the spirits of the monads were about to descend and inhabit their new physical bodies.

Under the semi-liquid waters of the oceans, Pasha and Pacshala, a new continent was ready to offer a new home to these true humans.

## THE LEMURIAN RACE

### *Fifth Teaching*

The land which would form part of the Lemurian Continent remained unbroken, buried beneath the waters of the Pacific Ocean.

To make it easier for students, we will use the name “Lemuria” (the term applied by the geologist Schlater) for the continent of the Third Root Race. However, ancient esoteric texts refer to it as *Zalmali Patala*.

Although most of the Hyperborean monsters were destroyed by storms and swallowed up by ocean currents, they did not completely disappear. A select group was saved on the new continent in order to establish the Race of humans who would be masters of the mind.

As in legend or dream, the days of sun and perpetual spring had vanished. The Earth's forces and fiery centers began their glorious bubbling era.

The oceans' waters, which contained countless chemical elements, boiled furiously. Many elements were eliminated in that process, leaving room for the two elements found in today's water.

A dense, heavy atmosphere, loaded with gases, enveloped the Earth. Although there was light on the planet, the Sun's rays reached the earth filtered through thick layers of clouds.

The monsters gradually transformed into humans. They were gigantic humans, with lumbering movements. They spent part of their lives lying on the ground, struggling to stand. Since they could not bend their knees, they had to prop themselves up against trees in order to stand. When they began to walk, they could only do so with the help of thick canes.

Wagner's Rheingold Symphony splendidly captures the Lemurians' pace in the section where the giants go up to Gods to claim payment for building Valhalla.

The Lemurians' progress towards victory was slow and painful. The orange and luminous skin that they inherited from the Hyperboreans gradually faded. As their bodies condensed, their skin became intense red.

Towards the middle of the Race, the Lemurians stopped reproducing through eggs, and a true separation of the sexes occurred. The monads entered the Lemurians' bodies, granting them the gift of the mind.

However, the monads did not continuously remain in these physical bodies. They entered and left them at will. When they left their bodies, they worked through their pituitary and pineal (third eye) glands. They used their physical eyes—which were beginning to glimpse shadows

and surrounding figures—when they occupied their bodies.

The crown of their skulls was also completely open. This gave these humans a characteristic aspect which allows them to be referred to physically as “headless humans”.

The Earth’s internal fire led to its crackling and exploding everywhere. Every mountain was a volcano that continuously spewed fire and lava.

The separation of the sexes led to the grandeur, as well as the ruin and destruction, of this Race.

The most developed beings began to engage in carnal pleasures and mated with the most undeveloped ones, who had not been gifted with minds. This led to a terrible degeneration.

The union of beings with mind and those without led to the birth of the predecessors of vertebrates, such as the ichthyosaurs, plesiosaurs, and dinosaurs.

The Race became cursed, resulting in its destruction and death.

Immense cataclysms and earthquakes slowly destroyed Lemuria. Zama, Zampata y Salmali Patala—the three great oceans—gradually engulfed the three parts of the Lemurian Continent.

Nevertheless, this Race achieved three great victories: the separation of the sexes, the conquest of the mind, the formation of a body that was able to serve as a suitable abode for the spirit and the perfecting of the backbone.

During the last subrace of the Lemurians, the Kundalini rose perfectly from the base of the spine to the brain. This subrace definitively conquered the races without mind, or animals. It established an unbreachable wall between the animal and human kingdoms. This gave humans the true right to their Humanity.

## THE FIRST THREE LEMURIAN SUBRACES

### *Sixth Teaching*

The first Lemurian subrace, called Za, developed during the formation of the Lemurian continent. It was very similar to the last Hyperborean sub-race.

These creatures were usually lying on the ground. They reproduced by laying eggs.

The stabilization of blood vessels and the torrid heat helped their flesh to condense, and their skin became opaque.

Around six million years ago, they inhabited the immense continent that the ancient texts called Zalmali. It extended over all of present-day Australia, the center of the Pacific Ocean and even parts of Africa, Southern Asia and South America.

The territory was extremely monotonous, with very little vegetation. The gigantic Lemurian flora developed later.

The earth was an immense sea of continuously boiling mud and, at times, land was indistinguishable from water. There were no real mountains, only bulges formed by the rising volcanic gases.

The continuous viscous vapor arising from that mass of earth and water created an omnipresent atmosphere of fog and heaviness.

The heat and the vital essences deposited in the depths of the sea led to the formation of a wide variety of insects. Monstrous amoebas and starfish, as well as the smallest to the largest mollusks, also developed during the first Lemurian subrace.

But the most characteristic feature was the composition of mud. Unlike today's mud, it was mixed with iron, and could become hot or cold depending upon the influence of the chemical elements found in the gases it contained.

Gigantic flora began to develop during the second subrace. These immense layers of green gradually developed into ferns, and into one noteworthy plant that became closely associated with the Lemurians, who used it to make the canes that helped them to stand. This plant was hardened by the earth's heat instead of its own internal elements. This happened in an unusual way: its roots reached down into spheroidal liquid deposits lying beneath the outer layer of the earth's crusts. The roots remained, so to speak, soaking there.

This tree bore a faint resemblance to today's eucalyptus, although it was much larger. The perfume of its leaves was more penetrating than a magnolia flower.

While the second subrace, Za-Ha, advanced, the first continental earthquakes took place. They

would split Lemuria into two large parts, as well as into islands and islets.

The monads shouted at their bodies to get up, to stand upright. In others words, they struggled for the cerebral-spinal system to perfect itself. The backbone was already perfect and hard; the nerve networks were laid out. The only thing missing for this wonderful organism to work was for the minds of the human monads to contact the encephalic mass.

The first efforts were in vain. Humans could not stand until they were able to retain a gestating egg within themselves. However, they did manage to lean on the trees, which were, arguably, their homes.

The children of the mind wanted their dwelling to have an organ of vision facing the exterior. Two opaque points in the Lemurians' hollow faces are remnants of their struggle to achieve that. The development of sight was stimulated by the continuous shaking, thunder, lightning, volcanic eruptions and powerful luminous meteors rising up from the mud.

During the third subrace, after new seismic movements, the Zami finally propped themselves up against the trees and no longer expelled the egg. Though hermaphrodites, some of them perfected the female part and could retain an egg until the expulsion of the fetus.

After undergoing so many changes and metamorphoses, this Race had the great fortune of transforming itself from animal to human.

The Lemurian being was clearly defined in this subrace.

Imagine a poorly proportioned human who is 2.80 meters tall, has a huge body supported by relatively short legs and semi-round flat feet with short toes. The Zamis' arms were so long that they almost reached their feet. Their arms were indispensable in remaining upright.

Their heads were very small compared to their big jaws, wide ears and broad flat noses. Their eyes were no more than two dead points, awaiting future development. Their foreheads were the width of a finger, and their skulls were completely open. Small hairy strips of skin protected, but did not hide, their skulls.

As was mentioned before, their skin had become hard and compact due to the dominance of blood circulation and the torrid heat of the atmosphere. Their complexion was as red as boiled shrimp, especially after they were born. Time and filth blackened it.

## FOURTH AND FIFTH LEMURIAN SUBRACES

### *Seventh Teaching*

The solemn hour had struck for the cycle of angels becoming humans. There were signs that something extraordinary was about to happen: an increasingly convulsive shuddering of the planet, as well as a solar light, filtered through thick curtains of clouds, reflecting an immense polar aurora over the red earth.

The fire in the Earth's bowels bellowed in a terrifying way, seeking exits everywhere and purifying everything, like gold in a crucible.

Above the dark earthly atmosphere, beautiful Venus faced powerful Mars. These two astral bodies mutually reflected their lights and poured them upon the Earth, which benefited from their conjunction.

Thousands and thousands of members of the Human Host left their ecstasy to gaze upon this great event.

The monads who had evolved during the Lunar Round, and had struggled for so many centuries to build their physical dwelling, had completed their task and could now enter these bodies.

The red monsters slowly became humans. By the fourth subrace, Za-Mo, they had abandoned their tree supports in exchange for huge canes which they used to stagger over the swamps of Moo. Even though they could enter and leave their new bodies at will, they stayed within them for increasingly longer periods of time.

Once again, they believed they had found a cup full of the draught of death and materiality which they so greatly feared, but instead they had found a cup full of the balm of forgetfulness and love.

Kundalini, the goddess of vital energy, had given them the gift of manifesting their internal energy outwards. But that same gift demanded payment in suffering, pleasure and death. This gradually led to the separation of the sexes, and with it, a fever of pleasure and sensuality stirred within the flesh of these new humans.

Little by little, they forgot their divine abodes and the intuitive powers accessible to them. Now they only desired the pleasures of the flesh.

A fever to couple possessed them, and this new pleasure bore new fruit: procreation through intercourse between beings of the opposite sex.

The monads didn't enter every Lemurian body; they chose only the fittest. The unfit were

abandoned to their fates, and their understanding and physical appearance rapidly declined.

During the fifth subrace, Za-Moo, there was an extraordinary difference between the Lemurians with mind and those without. The Masters—guides of humanity—instructed the Lemurians during their dreams.

The Lemurians were only allowed to procreate with females with mind: “If you eat the fruit of the forbidden tree, if you mate with females of degenerate races, you will die. You will lose the fruit of your race and become fathers of monsters, not humans.”

But females without minds tempted the Lemurian males while their mates were pregnant. This union evoked the curse. Monads who were waiting their turn to live among humans refused to inhabit the resulting semi-human offspring.

Immense Lemurian monsters were born from the cursed union between males with mind and females without mind—the plesiosaur, the sea snake, the ichthyosaur and the dinosaur. The most docile among them was the dinosaur, an immense flying creature used later for the Lemurian cavalry.

The zoological order of today was derived from those times.



## SIXTH AND SEVENTH LEMURIAN SUBRACES

### *Eighth Teaching*

The sixth Lemurian subrace, called Mo-Za-Moo, began with a horrible struggle between humans and monsters. The monsters controlled the western part of the continent. They crawled, flew and swam, regularly invading the central continent and killing thousands of Lemurians.

The Lemurians' fear of these invasions significantly invigorated their nervous systems. Fear delivered terrible blows to their bodies, and yet this ultimately led to completing the structure of the circulatory system and closing the foramen ovale. Human nature had struggled to achieve this since the Hyperborean Race.

Their eyes began to glimpse lights and figures, which helped them to unite in their common defense. Nonetheless, on their own, they could not have achieved anything against the monsters. However, high spiritual entities incarnated among them to act as guides and lead them to victory.

Their defense and offense against the monsters were carried out in the following way:

The males lined up in a wide front. They were followed by a line of females, then by another one of males, another one of females, and so on. The men were armed with their heavy canes. The women carried the children and nutritive produce on their backs in a vegetable-fiber sack.

They set off under the guidance of their Divine Instructors. As they moved forward, the rhythmic pace of their heavy walk produced a vibration that frightened and disoriented the monsters. This vibration also opened huge crevices in the ground at their forefront which the semi-blind monsters fell into. Those who managed to cross the trench were beaten to death by the canes.

Year after year, the Lemurians marched on, until they achieved final victory over the monsters. The monsters that did survive were the most degenerate, beastly types.

An immense island, surrounded by an abyss, formed in the far West. It was called Sacred Land or Moo-Za-Moo, and was settled by the superior type of Lemurian. It would become the cradle of the most outstanding of the subraces, after which the land was named.

During the seventh subrace, Moo-Za-Moo, the Lemurians made great progress in their new experimental lives. They were now masters of their instinctive mind, and had a well-balanced nervous system and perfect circulatory system.

The latest earthquakes had displaced and concentrated Lemurian life towards the West, although there were other important islands where the Lemurians migrated and established

progressive colonies.

Even though the ocean water was carbonated and boiled continuously, it had the same chemical composition as it does today. At that time, it was divided into three great oceans.

It was on the islands mentioned above, and especially on the Sacred Island, or Moo-Za-Moo, that the great granite cities were built. They were a type of vaulted structure, controlled by monoliths.

Initially, these monoliths were clocks. The Lemurians balanced a huge faceted stone on the tip of a monolith. Through its oscillations and movements, it registered the passing hours, the atmospheric changes and the volcanic eruptions. These eruptions posed a great threat to the Lemurian cities.

During the fourth Atlantean subrace, these monoliths turned into gods.

Lemurian women lived in these large settlements (vaulted granite structures), caring for the children of the community and preparing the food.

The Lemurians were completely vegetarian. They extracted the substantial floury part of pine cones and ground it in mortars. Then they made large cakes that baked in the sunrays that filtered through the clouds.

There was a time during the day when the Sun would appear. This was the time they waited for. They used it to prepare their food, to care for themselves and to communicate intuitively with the spiritual world they came from. We could call this the time of material and spiritual nourishment.

The streets and the roofs of the large structures were covered by a special type of mud. It came from the swamps of the land of Moo and contained many chemical elements. When mixed with water and exposed to the sun, it hardened remarkably and turned yellowish, like the legendary *orichalcum*. The streets, sidewalks and roofs of Lemurian cities were made of this material.

At the center of the island, there was a huge granite wheel that moved rhythmically, like a windmill. It was smeared with a chemical that may have been radioactive. At night, with no other source of light, it could illuminate the island.

Armed with their powerful canes and joined by their winged dinosaurs, the Lemurian men dedicated themselves to hunting. They traveled long distances guided by their secret sense of direction, killing savage and harmful animals, and taming dinosaurs. However, they did not eat their meat. They limited themselves to removing the hides which, when blown up, were used to decorate their cities.

Some Lemurians devoted themselves to sculpture, but they were considered privileged, priestly

beings. They were the creators of the monoliths and statues, an image of which remains, as a relic, on Easter Island.

At the beginning of the Race, the Lemurians created their physical bodies through consciousness acting upon developmental will. But at the end, they usually procreated through the male will acting upon the female consciousness.

However, day after day, year after year, generation after generation, the volcanoes howled and spewed out lava. Little by little, the slow, continuous, relentless lava devastated and destroyed the whole Lemurian continent. But finally, the merciful waters covered it, extinguishing the fire.

## THE MIOCENE GLACIAL ERA

### *Ninth Teaching*

After the destruction of Lemuria, the ocean waters almost entirely covered the globe. The new continent, which would shelter the Atlantean Race, was gradually rising from the seas. This new land, which seemed like immense lakes, was destined to incubate beneath the ice.

At this time, a thinning of the atmosphere produced a global glacial era. An immense belt of ice surrounded Atlantis, giving the impression that life had completely vanished from the earth.

Much later, some 860,000 ago, there was another glacial era of much less intensity. This occurred during the subrace of the Toltec-Atlanteans.

During the earlier glacial period, however, part of the island of Moo-Za-Moo remained intact. It was protected by great mountains of snow which provided a defense against hurricanes and storms.

This was no longer the flourishing and beautiful final stronghold of the ancient Lemurian Race. Instead, it was composed of rocks and caves where the guardians of humankind, the children of Yoga—or will—lived.

Here, the offspring of Noah waited, generation after generation, for the flood of ice to subside so that they could begin their journey towards the promised land.

When this glacial era ended, Saturn, the dark planet of suffering, was in conjunction with the moon, pale mother of the earth. These two were like a symbol of the new Race that was about to appear—a divided race. Some members of this race were white and others were black. The former would be called “children of God” and the latter “children of Satan,” whose skin color was seen as a sign of sin.

The heat rising from the center of the Earth to its surface led to this thawing out. After tremendous floods, the remnants of the last Lemurian subrace, which had undergone extraordinary modifications during this period, dispersed over four principal points of the Earth. They were guided by the Great Initiates of the Race to found the new Race in these four different places on the Atlantean land.

The continuously increasing heat was gradually drying out the land of this new continent. As a result, the whole panorama was enveloped in thick clouds and dense fog. The vegetation awoke from its sleep, and the seeds that had been sleeping under the ice came to life.

The whole Earth vibrated with a new emotion, placing itself at the service of the new human, the giant human, the human with three eyes.

## THE ATLANTEAN RACE

### *Tenth Teaching*

There were two long glacial periods during the Atlantean era. They were followed by other minor glaciations which lasted a Saturnian year (30 Earth years). This was a reasonable reaction to the periods of great planetary heat.

Tejas, the element of fire, ruled over the earth with great heat and intense cold. Its influence on the human body caused the flame of Kundalini to rise from the base Chakra to the brain.

The Atlantean continent extended from Iceland to Brazil and from Texas and Labrador to Africa. But during periods of intense heat, there were recurrent thaws which caused flood after flood, deluge after deluge. The effect of Tejas on the Earth brought about the influence of Apas, the element of water.

There were four great floods during the Atlantean period:

- The date of the first one is unknown.
- The second took place 850,000 years ago and produced the complete submersion of the Northern part of Atlantis.
- The third flood occurred 220,000 years ago and divided Atlantis into two continents, Ruta and Daitya.
- The fourth and last deluge, 87,000 years ago, completely submerged the continent.

The last remnant of Atlantis was a plateau on a mountain of Ruta, called the island of Poseidonis. Plato described this island in *Timaeus*.

By now, Atlanteans were completely human. Even though they walked upright, they still gave the impression that they were leaning forward. Their complexion was dark red.

These beings were unfamiliar with human or phallic religions; instead, they worshiped God in Spirit and Truth. Some of them were great chemists and experts in the earth's powers. They were called "magoons," and their descendants practiced black magic.

Their daily life was divided into two parts: material life during the day and spiritual life at night. When asleep, they quickly cast off their physical sheaths and entered the astral world in order to listen to the voice and teachings of the Great Masters. But since their mission was to delve into the knowledge of matter, they gradually lost this gift.

The first three subraces—Rmoahall, Tlavatli and Toltec—belonged to this type of Atlantean.

The fourth subrace, the Turanian, was even more human, and they had a yellow complexion.

It was followed by the Semitic and Akadian subraces, both of which had a white complexion. They would give rise to the fifth Root Race.

The seventh subrace, the Mongolian, had a yellow complexion, and was a hotbed of degeneration and decay.

In early Atlantean times, humans could see the power of God face to face through their third eye, or pineal gland. However, they gradually lost these spiritual gifts.

These children of God were plunged into the depths of matter and became children of Satan.

Apas, the element which played a predominant role during the unfolding of this Race, gave humanity the gift of perfectly porous skin. This enabled the physical body to withstand the struggle against all elements and temperatures. Apas also prepared the body to rely on its own means to conquer the Earth and life during this fifth Race, and to conquer as well the beautiful goddess Prithivi, who lay sleeping, waiting for her redeeming God.

## THE RMOAHALLS

### *Eleventh Teaching*

Even though the Lemurians lived intuitively and partially separated from their physical bodies, their material life was purely instinctive.

The human brain was a divine mass placed at the disposal of humans who would imprint upon it little by little. The threads of instinct were already traced upon it. The duty of delineating the periphery of the rational brain belonged to the Atlantean human.

The Rmoahalls, the beings of the first Atlantean subrace, had almost no reason, and guided themselves almost entirely by instinct. They were large-sized Herculean humans with sunken foreheads and dark red skin.

They multiplied in great numbers and spread rapidly.

They lived on the great Atlantean islands where, after the glacial period, the heat was extreme.

Unlike the Lemurians, they did not live amongst the rocks. Their homes were inside the trunks of gigantic trees or under thatched roofs surrounded by barricades that they constructed themselves.

Even though they had not mastered language at this point, they emitted guttural sounds which influenced their subconscious and awakened different instincts. The cry, "rrr-mo-hal," which symbolized the idea of "death to the inhabitants of Moo," incited their war-like furor. They fought ferociously until destruction. When the furor had passed, they lost all memory of what had happened and returned to their normal state.

Water was their element, and they spent many of their hours in it. They were excellent swimmers, and developed the porosity of the skin by holding their breath.

They also developed the spleen and genital organs. The elements that urine was composed of were more quickly removed from the blood and filtered by the kidneys. This led to greater physical perfection.

They spent their whole day hunting. They enjoyed conquering the monsters that swarmed in their vicinity. Although they did not eat the flesh of animals, they drank their still-warm blood.

The main component of their diet was fish. They let it decompose before eating it because their sense of smell was poorly developed. They also enjoyed eating their own excrement. They fed the excrement of children to the sick as a remedy.

The hot, close, and dense atmosphere continually broke out in storms. They could be called silent storms because the electricity, in balls of fire, hit or slid down the mountain slopes until

breaking apart in the water. They loved to watch these electric globes and, in observing them, they noticed that they could attract or repel them. This gave rise to Atlantean science, which mastered the natural phenomena typical of its era, and which led to the foundation of the terrible schools of black magic which brought about the destruction of the Race.

At this point, the Atlantean landscape had become noticeably more beautiful and its horizons had broadened into immense mountain ranges, high mountains, many lakes, numberless rivers and streams. The thick clouds which covered the entire continent led to a predominance of infrared rays, whose color gave everything an opaque redness.

The Earth's tremendous heat caused the emergence of a water that was much purer and crystalline than today. Water was practically the only cure of the Rmoahalls.

They wandered the astral planes freely during sleep, which lasted ten, twelve and even fourteen hours. There they gathered with the Guides of their Race and received their instructions.

A noteworthy characteristic of the Atlanteans was that they had absolutely no fear of death. Actually, they had no idea what it was. For them, death was nothing more than an abnormally long sleep.

The beings of this subrace almost continually chewed on the leaf of an unknown tree called *Somihshal*. This granted them extraordinary energy. They slept almost continuously when they stopped chewing it.

This subrace had grown too uncontrollably to remain stable. As the basis of the Atlantean Race, the Rmoahalls gave the Race its character. But it was destined to disappear completely with the first surge of the younger subraces that were already appearing in the north of the continents. The Tlavatlis were one of these.



## THE TLAVATLIS AND THE TOLTECS

### *Twelfth Teaching*

A powerful race was emerging amidst the rugged and desolate Atlantean mountain ranges.

The harshness of the Saturnian winter and the scarcity of resources forced the Tlavatlis to struggle against elementals and antediluvian monsters. These hardships helped them to become strong, tenacious, agile and resistant.

Plains full of woods, rivers, swamps and humans they wanted to subjugate stretched out below them like an unrealizable dream. This desire passed from one generation to another. It became their heritage and developed the still nascent faculty of memory.

When the heat returned after a severe winter, it filled the atmosphere with smoke, vapors and fog. These strong Tlavatlis went down to the plains repeatedly, and within some three hundred years, they completely exterminated the Rmoahalls and seized their lands and dwellings.

However, the Tlavatlis' memory was not perfect. They mixed what they recalled from their present life with their memories of past ones. They jumbled these up so much that they could no longer distinguish the reality of their current life from that of previous ones.

The divine and sacred gift of forgetting all of the past to be able to spend the day in a single life was left to the Aryans.

Nevertheless, this confused memory somehow preserved a recollection of their ancestors' courageous and heroic deeds, and this gave rise to a type of ancestor worship.

With memory came the human awareness of self-worth and of how to stand out among everyone else. This filled them with a great ambition which drove their frenzy to conquer. This was the source of their warlike customs, their chiefs, their battle leaders, and their family structure.

Unlike the first Atlantean subrace which quickly disappeared, the Tlavatlis' descendants remained until the end of the Root Race. Even though they were defeated by each new subrace and their reddish skin gradually changed and blackened, they retained control over the Northwestern mountains of Atlantis for countless centuries.

In the center of Atlantis, a new Atlantean subrace was slowly taking hold: the Toltecs.

These humans were tall, with elegant bearing and harmonious forms. Their skin color lightened and became a lovely golden bronze.

Since they were masters of memory, they also remembered their past lives.

The Toltecs intuitively knew the powers of Nature and had inherited clairvoyance. They

founded the most powerful and long-lasting nations the Earth has ever seen.

They were the first to practice worship and devotion to the Divine in a regular and methodical way.

They replaced the caves and wooden barricades of their ancestors with beautiful buildings crowned with capitals and supported by countless columns. Their building material was *orichalcum*, a blend of gold, bronze and volcanic dust that is completely unknown today. They used this mixture to make a type of large radiant block.

The Temple was built in the foremost city and its height was amazing. It was surmounted by a dome which represented the solar disc. This deservedly gave the Toltec capital the name of "City of the Gold Gates."

There was a column in the center of the Temple where the laws of their Spiritual Guides were carved in a symbolic writing composed of images, figures and graphics.

The king was not a hereditary heir of the previous king, but a spiritual one.

The wisest aspirant in the Initiatory Priesthood was chosen to assist the king and learn from him the teachings that would make him fit for ruling. If an aspirant proved unsuitable, he was immediately returned to the Priestly College and the position was occupied by someone else.

The Toltecs only had Divine Laws. The Initiate Kings dictated social laws only on some occasions. Whenever they judged, ordered or enacted laws, they spent the previous night in the Temple, enveloped in mystical sleep.

Their clairvoyant power weakened over time and so they drank a specific potion to enter that mystical state. This enabled them to be in the proper nervous condition for clairvoyance.

The Toltec kings belonged to a joint confederation, so there were never any wars among the different nations. But they constantly fought to defend themselves against the wild mountain hordes. They used explosives instead of men in this struggle. Powerful machines launched these explosives from a great distance.

The most remarkable characteristic of these people was their irrigation method. They gathered water in a mountain basin, forming a huge lake above the city. Through an inexplicable method, this water flowed down the mountain through three channels, preventing all flooding. These canals surrounded the city, serving as adornment as well as defense. This water was absorbed by secret suction pipes into different channels and returned to the lake for purification.

The Toltecs were excellent mechanics; they had ships and aircraft which crossed the sea and air. All this progress was slow and, later on, its fruits all but disappeared, not due to war or destruction, but to the arrival of an ice age.

## THE FOURTH AND FIFTH ATLANTEAN SUBRACES

### 13<sup>th</sup> Teaching

Around 850,000 years ago, an ice belt surrounded the earth like a deadly enemy and destroyed all signs of life.

The grandeur of the Toltecs and their City of the Gold Gates, as well as the memories of their proud civilization, were dragged into the depths of the oceans' waters, or buried beneath layers of snow. Those few human groups who were able to survive such a terrifying cataclysm migrated.

Extremely high mountains formed a haven in the area that now extends from Peru to Mexico. Small human groups, the ancestors of the Turanian subrace, were able to survive there. Others migrated to the Northeast.

As the earth's heat gradually rose from its center to the surface and things became relatively normal, a strong, fierce race was forming in those immense mountains and grandiose snow steppes. The fourth Atlantean subrace, the Turanian, had to struggle to survive and possessed ferocious instincts.

These peoples introduced war as we now know it.

They fought against the small surviving groups of Toltecs who had taken refuge in this haven. They also fought amongst themselves and continuously harassed each other.

The Turanians multiplied by the millions and, little by little, they expanded over the entire continent. Growing ever larger in number, they dominated and established the law of the strongest.

Their clear astral vision—inherited from the Toltecs—was clouded by vanity and the thirst for conquest. They only wanted visionary dreams which revealed where the enemies were lurking so that they could easily destroy them.

They were the forebearers of black magic. They strengthened their evil will to such an extent that they possessed powerful electrical devices that allowed them to kill from a great distance.

They were dark-skinned, tall and fierce-looking. They had a heavy, springing gait as a result of their habitual mountain climbing. Their arms were disproportionate, at times reaching below their knees, and could be used as weapons when these were lacking.

The Turanians fought with the newly appearing Semitic subrace. And although they were eventually conquered by the Semites, they were not destroyed. They remained among their conquerors as a race apart, called the "Black Race."

With the coming of a flood, the Toltecs had migrated towards a temperate zone at a latitude of 15-20 degrees North, and they were the forebearers of the Semites. As the Miocene Era was coming to an end, this subrace was emerging in the Atlantean land of Kalpashal (present-day Ireland, Scotland, England and the English Channel). Their fundamental characteristics differed from the Mother Race. Even though these Atlantean-Semites were tall, they were shorter than the other subraces.

This subrace would remain in a semi-savage state for many centuries, always fighting amongst themselves.

The presence of these pale-skinned Atlanteans, with their distinctive way of walking, would be the most long-lasting, because they would be the forbearers of the future Aryan Race. They were only permanently conquered by the Akadians 150,000 years ago.

While the Atlantean-Semites were experiencing a long period of youthful development, the Turanians reached their war-like heights. The Semites would continue to be conquered by the Turanians until they learned how to engage in warfare. But after mastering it, they would triumph over the them.

The Turanians never formed a confederation like the Toltecs. They maintained territorial divisions that were in constant conflict.

During this period, two types of Atlanteans were defined: dark-complexioned ones that arose from the first four subraces, and light-complexioned ones that arose from the fifth subrace, the Semites.

The third Atlantean destruction, which occurred 220,000 years ago, split the continent into two large islands: Ruta and Daitya.

After this, the decline of the Semites began.

## THE FINAL TWO ATLANTEAN SUBRACES

### 14<sup>th</sup> Teaching

The new Akadian subrace emerged along the length of the Eastern coast of the present-day Atlantic Ocean.

They expanded slowly during the period when the Semites were fighting against their mortal enemies, the Turanians—the “Rakshasha” in the *Ramayana*.

The Akadians lived on vast plains, and became a kind of white-complexioned Atlantean. However, they were much more heavysset than the Semites.

In their infancy, some 220,000 years ago, the Akadians witnessed the destruction of one part of Atlantis. They may have been the first people who could be called seafaring.

Whole villages lived on immense rafts which were made out of a material that became stronger in the water. Sometimes these rafts were so large that two or three houses were built on them. The Akadians went from one raft to another via bridges woven of high-strength vegetable fibers.

Fishing was the skill and major product of their villages. During periods of prosperity and civilization, they were able to build seafaring cities on these rafts, as well as powerful navies.

But as the Akadians steadily grew in power, the Semites began to harass them, and a thousand-year war broke out. Both sides experienced victories and defeats until the Akadians conquered and virtually destroyed the Semites 150,000 years ago.

During the period when the Atlantean continent was continually sinking and transforming, other lands were emerging from the ocean. The Semites had already left the seed of the Aryan Root Race in some tribes. And so, the last Atlantean subrace—the Mongolian—lived almost entirely on the land of the new continent.

This race spread in what is now Asia, and it developed its power around the “Salt Lake of the Gods”—present-day Gobi Desert. It was especially devoted to trade, agriculture and warfare. The Mongolian-Atlanteans were the first farming people.

By this time, the Atlantean Race was in shocking decline. The giants had lost their height, strength, agility and energy. And, seemingly wishing to make a retrospective examination, this Race imprinted Lemurian-like features on the Mongolians. Moreover, their skin was yellow-toned and their eyes were small and oblique, similar to their present-day descendants: the Malays, Chinese and Japanese.

The great Atlantean continent completely disappeared about 65,000 years ago, and it dragged

all its memories to the bottom of the ocean, with the exception of Isle of Poseidonis.

But the Atlanteans resisted their destruction. The decaying Race, recalling their past grandeur, tried to enliven their flabby bodies with an aftertaste of the powerful mystical currents which their grandparents had mastered.

However, the Great Work had to be fulfilled. The Atlanteans had to make room for the owners of the new continent. For this reason, the last Atlantean tribe was definitely defeated in the Great 1500-Year War.

## THE 1500-YEAR STRUGGLE

### 15<sup>th</sup> Teaching

Around 23,927 BC, the Atlanteans completely lost their power. We could say that, from that point on, the Aryan Race dominated the world.

But a colony of Atlanteans survived on the island of Atala, and from there they planned on returning to conquer the world.

They founded the powerful school of the “magoons.” Since they possessed the secrets of ancient magic, the most gifted among them were chosen to prepare them to be ready for the hour of destruction.

They built iron men and enlivened them with elementals. These iron men blindly obeyed the magoons’ orders.

The Atlanteans busily worked for centuries, building missiles charged with electricity, powerful airships and every kind of corrosive and destructive acid.

Since they knew the 192 basic chemical elements, they discovered a fluid that could make them invisible.

When they were perfectly prepared and ready for the destruction of the world, they set off on a march across the land of Abelton—present-day Africa. With this, the so-called 1500-year struggle began.

The black wizards fought against the white men, and the Aryans were mortally wounded. Even though the Aryans courageously defended themselves, thousands perished at the hands of these iron monsters. Guided by black wizards, they seemed invincible.

The Atlanteans said: “We will return to conquer the earth and we will take the white man’s women, whom we have so coveted. We will form a beautiful race, a comely race, with the women we will take. And this race will have our wisdom and power.”

But a great number of Initiates incarnated among the Aryans during this period in order to grant them victory. Seven hundred Initiates of Fire reincarnated together and joined in the fight. But in spite of this, the Atlanteans were gaining ground. But then, Nature itself came to the aid of the humans who were destined to populate the new land.

Whenever a sidereal year is over, the Earth’s axis shifts. And this happened during this period. Water and fire fell from the sky for forty days. It rained until almost the whole earth was under water.

When all this subsided and the Atlanteans wanted to continue their campaign, they were

unable to walk. They fell over because their cerebral center of balance had changed. The Aryans, on the other hand, had brains that were ready for the new terrestrial metamorphoses, so they benefited from this change.

The Aryan Initiates stripped the iron men of the power of the elementals. There was no salvation for the Atlanteans.

The Flood swallowed up Atala, the land of sin. With the end of the 1500-year struggle, the Aryans dominated on the Earth.

The Initiates retreated and founded colonies of students in seven parts of the globe:

- The first, on the island of Poseidonis, a remnant of the Atlantean continent, which disappeared 11,000 years ago.
- The second was established on the "Roof of the World," the present-day Tibetan Plateau.
- The third was on the shore of a lake, where today's Gobi Desert lies.
- The fourth, among the rocks of the town of Abelton, near Madagascar.
- The fifth, in the land of Arantua, present-day hills of San Luis, Argentina.
- The sixth, in the land of Mahenthathar, the present-day Grand Canyon.
- The seventh, in the present-day mountains of Scotland.



## ADDITIONAL INFORMATION

### *Sixteenth Teaching*

When a new Root Race begins, it does not develop in only one place. Instead, seven groups of the Race arise in seven different parts of the Globe. This has always happened, ever since the first Root Race.

Each Root Race has seven subraces, and each subrace has seven family subraces; likewise, each family subrace has seven group subraces.

In the current Round on our Globe, humans preceded all animals, just as the Uranian shadows preceded the monsters. These shadows had already given birth to their astral bodies in the Lunar Round. A physical body can never be born before the astral body.

The evolution of life is extremely slow. In our solar system, it began 1,955,884,741 years ago. The beings started to form their astral bodies 301,000,000 years ago. But human evolution dates back to 18,618,769 years ago.

- The first Root Race lasted 7,000,000 years and had no speech.
- The second Root Race lasted 6,000,000 years. Although they had no speech, their whole body possessed a sensation which emitted a set of sounds.
- The third Root Race lasted 3,000,000 years. They began to use monosyllabic outcries. At the end of this Race, they spoke a type of language which combined outcries with aspirated consonants.
- The fourth Root Race lasted 2,500,000 years. They spoke an agglutinate language. At this point, the Toltecs' language was inflected.
- Dating from 1941, the Aryan Race has lasted 118,769 years.

The Atlantean migrations were always from the Northwest towards the Southeast, while their invasions always moved North.

When the Sun broke through the clouds and was seen by the inhabitants of the Atlantean continent, it shone most brightly over the Coral Isle.

From 150,000 until 120,000 years ago, the Aryan types increased considerably, reaching up to almost half the total population of this island.

The remarkable diversity of traits between the Atlantean Semites and the first Aryans naturally led to intense infighting. The physical body of the Aryans' ancestors had become extraordinarily beautiful; this aroused the envy of the older type Atlanteans. These struggles triggered the first migrations, and the Aryan-type Atlanteans had to look for new lands.

A great number of islands and islets had formed between the large isle they inhabited and the

new continent that was gradually emerging from the waters.

Following this route, they settled off the coast of the new continent, where New Guinea and Borneo are located today.

The cycle was about to end. New cosmic forces empowered the lands of Southeastern Asia. The great Initiates of the Aryan Race were preparing themselves to descend in order to lead the chosen ones to their new dwellings.

Manu Vaivasvata incarnated among humans 118,765 years ago (dated from 1937) in order to select among the Aryans and found the first Aryan subrace, the "Aryo-Aryan."